

A case study



About me

I am a WordPress and PHP specialist

I started my first projects in the late 90s.

I worked on projects with millions of page impressions. As technical lead I developed custom themes, plugins, optimized performance and planned coming features.

I am a frequent speaker at WordPress events, and founder and co-host of the Meetup in Dortmund.

Currently I work as Senior Web Developer at Coding Pioneers in Iserlohn.

https://www.linkedin.com/in/christoph-daum/





Get to know the Project

Bonedo.de - a portal/magazine for musicians

Started as TYPO3 site

Relaunch as WordPress in 2020

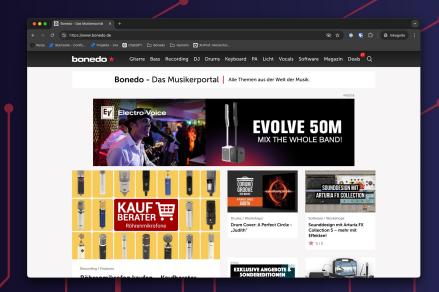
More than 30'000 posts

250'000+ Audio Attachments

300'000+ Image Attachments

I entered the project in May 2024

Frontend speed was ok, Backend speed was ... terrible





Some before Numbers

Before

Heartbeat 2.5 s

Saving a post 40+ s

Opening a post 8 s

Fully editable 15+ s





What we won't talk about

- 1. Frontend Caching
- 2. Object Caching
- 3. Server Setup/Scaling



Topics

- 0. WordPress Plugins for profiling & debugging
- 1. Tweaking heartbeat
- 2. Optimizing WordPress Database Tables
- 3. Custom tables and the filter posts_clauses
- 4. Optimizing Taxonomy Updates
- 5. Removing unused features
- 6. Profiling with xhprof
- 7. Redis for php sessions
- 8. Optimizing attachment_url_to_postid()



0. WordPress Plugins for profiling & debuggingQuery Monitor

- **Debug Bar**
- **Debug Bar Actions and Filters Addon**
- **Rewrite Rules Inspector**



1. Tweaking heartbeat

- The default heartbeat fires every 30s
- Main use of heartbeat is locking posts and to log you out once the session expired
- We changed it via 'heartbeat_settings' to
 - Editor to 60s
 - Backend to 180s
 - Frontend to 1h

https://gist.github.com/apermo/





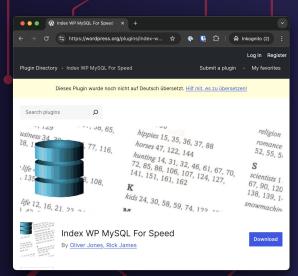
2. Optimizing the WordPress Database

After some research and some conversations I found the plugin

Index WP MySQL For Speed

Which was already validated as I found out later

https://wordpress.org/plugins/index-wp-mysql-for-speed/





3. Custom Tables + posts_clauses

- Custom table creation via helper class
- Use via filters (posts_clauses)
- Replacing meta_queries with a simple join

https://gist.github.com/apermo/





4. Optimizing Taxonomy Updates

After reading the blog by 11bytes, on their

1 million product WooCommerce

I optimized the taxonomy update following their example.

https://woo-million.11bytes.de/



5. Removing unused features

- A feature which was and meant to be a search filter
- It never really worked
- It created 1400 taxonomies on every single request
- It caused about 10% overhead on average



Current status?

Improved, but still not fast



8. Optimizing attachment_url_to_postid()

Evaluated adding an index to wp_postmeta

Used a custom table and a custom query.

Added the query to a custom table using 'query'

And created a ticket for a better bypass

https://core.trac.wordpress.org/ticket/61383

Will be released with 6.7 in November 2024



8. Optimizing attachment_url_to_postid()

SELECT post_id, meta_value FROM wp_postmeta WHERE

meta_key = '_wp_attached_file' AND meta_value =

'/2024/10/wordcamp_karlsruhe.jpg'

Whooping 4s
In words: four seconds



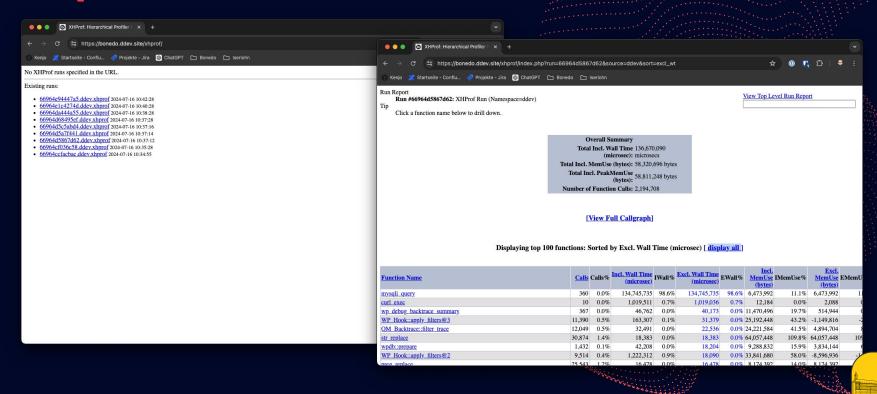
6. Better profiling with xhprof

- Xhprof is great for profiling single requests
- Will not show an overview of request
- Will not show the request URI
- Will not show the database queries





Xhprof without our toolset



xhprof.log

```
2024-07-16 08:46:16 - 08:46:16] A 0.13 s | https://bonedo.ddev.site/xhprof/?run=6696335854f8b&source=ddev | URI: /wp/wp-admin/admin-ajax.php | POST(6 vars, 1.1 kb) | Referrer: /wp/wp-admin/edit.php?post_type=test
   [2824-87-16 88:48:16 - 88:48:16] A 8.13 s | https://bonedo.ddev.site/xhprof/?run=669633d855846&source=ddev | URI: /wp/wp-admin/admin-alax.php | POST(6 vars. 1.1 kb) | Referrer: /wp/wp-admin/edit.php?post type=test
    2824-87-16 88:58:16 - 88:58:16] A 8.16 s | https://bonedo.ddev.site/xhprof/?run=669634485e5d6&source=ddev | URT: /wp/wn-admin/admin-ajax.php | PDST(6 vars. 1.1 kb) | Referrer: /wp/wn-admin/edit.php?post type=test
    2024-87-16 08:52:16 - 08:52:16] A 0.13 s | https://bonedo.ddev.site/xhprof/?run=669634c057888&source=ddev | URI: /wp/wp-admin/admin-ajax.php | POST(6 vars, 1.1 kb) | Referrer: /wp/wp-admin/edit.php?post.type=test
    2824-87-16 88:52:48 - 88:52:49 | A 8.12 s | https://bonedo.ddev.site/xhprof/?run=669634e1887a8&source=ddev | URI: /wp/wp-admin/admin-ajax.php | POST(6 vars, 1.1 kb) | Referrer: /wp/wp-admin/edit.php?post_type=test
    2024-07-16 08:52:53 - 08:52:54] & 1.22 s | https://bonedo.ddev.site/xhprof/?run=669634e64bedo&source=ddev | URI: /wp/wp-admin/post.php?post=1802483&action=edit | GET | Referrer: /wp/wp-admin/edit.php?post_type=test
   [2824-87-16 88:52:54 - 88:52:54] A 0.14 s | https://bonedo.ddev.site/xpprof/?run=669634e68c65f&source=ddev | URI: /wp/wp-admin/admin-ajax.php?action=wp-compression-test&test=1&_ajax_nonce=81a87b878a&1721119974433 | GET | Referer: /wp/wp-admin/post.php?post=1802483&action=edit
    2024-07-16 08:52:54 - 08:52:54] A 0.16 s | https://bonedo.ddev.site/xhprof/?run=669634e6930206source=ddev | URI: /wp-ison/wp/v2/taxonomies?context=edit&_locale=user | GET | Referrer: /wp/wp-admin/post.php?post=1802483&action=edit
    2824-87-16 88:52:54 - 88:52:54 | A 8.18 s | https://bonedo.ddev.site/xboref/?run#6695466A9955source#dev | URI: /wp/wp-admin/admin-aiax.php?actionwwp-compression-testStest#no$ aiax nonce#81a87b878a81721119974668 | GFT | Referrer: /wp/wp-admin/nost.php?nost#18874835action#edit
    2824-87-16 88:52:55 - 88:52:55] A 0.26 s | https://bonedo.ddev.site/xhprof/?run=66963462&source=ddev | URI; /wp-ison/wp/v2/block-patterns/categories2_locale=user | GET | Referrer; /wp/wp-admin/post.php?post=1802483&action=edit
                                  88:52:55] & 0.25 s | https://bonedo.ddev.site/xhprof/?run=669634e74b5186source=ddev | URI: /mp-json/?_fields=description%2Cpnt_offset%2Chone%2Cname%2Csite_icon_url%2Csite_logo%2Ctinezone_string%2Curl&_locale=user | GET | Referrer: /mp/mp-admin/post.php?post=18824838action=edit
    2824-87-16 88:52:55 - 88:52:55 A 8 16 s | https://honedo.ddev.site/yhonef/2run=649434e74df545cnurre=ddev | HRT. /un/un-admin/admin-aiav.nhn | PRST(7 wars 1 5 kh) | Reference /un/un-admin/nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.nhn2nost.
                                                A 8.17 s | https://bonedo.ddev.site/xhprof/?run=669634e774b886source=ddev | URI: /wp/wp-admin/admin-aiax.php | POST(7 yars. 1.8 kb) | Referrer: /wp/wp-admin/post.php?post=18824835action=edit
                                 · 88:52:55] A 8.13 s | https://bonedo.ddev.site/xhprof/?run=669634e7914fa&source=ddev | URI: /wp/wp-admin/admin-ajax.php | POST(7 vars, 1.8 kb) | Referrer: /wp/wp-admin/post.php?post=1882483&action=edit
                                 - 88:52:55] Δ 8.15 s | https://bonedo.ddev.site/xhprof/?run=669634e79bc3f&source=ddev | URI: /wp/wp-admin/admin-ajax.php | POST(7 vars, 1.8 kb) | Referrer: /wp/wp-admin/post.php?post=1882483&action=edit
                                  88:52:55] A 8.18 s | https://bonedo.ddev.site/xhprof/?run=669634e7bfe27&source=ddev | URI: /wp/wp-admin/admin-ajax.php | POST(7 vars, 1.6 kb) | Referrer: /wp/wp-admin/post.php?post=1882483&action=edit
                                 - 88:52:55] A 8.16 s | https://bonedo.ddev.site/xhprof/?run=669634e7c9f286source=ddev | URI: /wp/wp-admin/admin-afax.php | POST(7 vars. 1.9 kb) | Referrer: /wp/wp-admin/post.php?post=18824835action=edit
    2824-87-16 88:52:55 - 88:52:55] & 8.24 s | https://bonedo.ddev.site/xhprof/?run=66963487cdd77&source=ddev | URI: /wp/wp-admin/admin-ajax.php | POST(7 vars, 2.8 kb) | Referrer: /wp/wp-admin/post.php?post=1802483&action=edit
    2824-87-16 88:52:55 - 88:52:55] A 8.84 s | https://bonedo.ddev.site/xhprof/?run=669634e7dc8d3&source=ddey | URI: /wp-ison/wp/v2/media/1882534?context=edit& locale=user | GET | Referer: /wp/wp-admin/post.php?post=1882483&action=edit
    2024-07-16 08:52:55 - 08:52:55] Δ 0.19 s | https://bonedo.ddev.site/xhprof/?run=66963407f0774&source=ddev | URI: /wp/wp-admin/admin-ajax.php | POST(7 vars, 1.6 kb) | Referrer: /wp/wp-admin/post.php?post=1882483&action=edit
    2024-07-16 08:52:55 - 08:52:56 | $\Delta 0.20 s | https://bonedo.ddev.site/xhprof/?run=669634e80a0cf&source=ddev | URI: /wp/wp-admin/admin-ajax.php | POST(7 vars, 2.9 kb) | Referrer: /wp/wp-admin/post.php?post=1802483&action=edit
    2824-87-16 88:52:55 - 88:52:56 | A R 19 c | https://hopedo.ddev.cite/xhprof/?run=A69836e811793&cource=ddev | HRT: /wn/wn-admin/admin-aiax php | PRST(7 wars 3 1 kh) | Reference: /wn/wn-admin/nost php?post=1882683&action=edit
    2824-87-16 88:52:55 - 88:52:56] A 8.19 s | https://bonedo.ddev.site/xhprof/?run=669634e8172bf&source=ddev | URI: /wp/wp-admin/admin-aiax.php | POST(7 vars. 2.5 kb) | Referrer: /wp/wp-admin/post.php?post=1882483&action=edit
    2024-07-16 08:52:55 - 08:52:56] & 0.15 s | https://bonedo.ddev.site/xhprof/?run=669634e824c5e&source=ddev | URI: /wp/wp-admin/admin-ajax.php | POST(7 vars, 1.7 kb) | Referrer: /wp/wp-admin/post.php?post=1882483&action=edit
    2824-87-16 88:52:56 - 88:52:56 | & 8.14 s | https://bonedo.ddev.site/xhprof/?run=669634e82eb84&source=ddev | URI: /wp/wp-admin/admin-aiax.php | POST(7 vars. 1.3 kb) | Referrer: /wp/wp-admin/post.php?post=1882483&action=edit
    2024-07-16 08:52:56 - 08:52:56] Δ 0.14 s | https://bonedo.ddev.site/xhprof/?run=669634e83784f&source=ddev | URI: /wp/wp-admin/admin-ajax.php | POST(7 vars, 3.3 kb) | Referrer: /wp/wp-admin/post.php?post=1802483&action=edit
   [2824-87-16 88:52:56 - 88:52:56] A 8.13 s | https://bonedo.ddev.site/xhprof/?run=669634e838bbl&source=ddev | URI: /wp/wp-admin/admin-aiax.php | PGST(7 vars. 1.3 kb) | Referrer: /wp/wp-admin/post.php?post=1882483&action=edit
    2824-87-16 88:52:56 - 88:52:56] & 8.13 s | https://bonedo.ddev.site/xhprof/?run-669634e846ca2&source=ddev | URI: /wp/wp-admin/admin-ajax.php | POST(7 vars, 1.3 kb) | Referrer: /wp/wp-admin/post.php?post=1882483&action=edit
    2824-87-16 88:52:56 - 88:52:56 | A 0.12 s | https://bonedo.ddev.site/xhprof/?run=669634e84ef24&source=ddev | URI: /wp/wp-admin/admin-aiax.php | POST(7 vars. 8.4 kb) | Referrer: /wp/wp-admin/post.php?post=1882483&action=edit
    2024-07-16 08:52:56 - 08:52:56 A 0 14 s | https://honedo.ddev.site/xhprof/2run=669636e85da9d&squrre=ddev | URT: /wp/wp-admin/admin-aiax.php | POST(7 vars. 2 9 kb) | Referrer: /wp/wp-admin/nost.php?nost=188268X&action=edit
    2024-87-16 88:52:56 - 88:52:56] & 0.16 s | https://bonedo.ddev.site/xhprof/?run=669634e863c57&source=ddev | URI: /wp-json/wp/v2/users?context=view&who=authors&per_page=50&_fields=id%2Cname&_locale=user | GET | Referer: /wp/wp-admin/post.php?post=1802483&action=edit
   2824-87-16 88:52:56 - 88:52:56 | A 8.15 s | https://bonedo.ddev.site/xhprof/?run-669634e86f39e&source=ddev | URI: /wp-json/wp/v2/taxonomies?context=edit&per_page=188&_locale=user | GET | Referrer: /wp/wp-admin/post.php?post=1882483&action=edit
    2824-87-16 08:52:56 - 08:52:56] A 0.16 s | https://bonedo.ddev.site/xhprof/?run=669634e87a692&source=ddev | URI: /wp-json/wp/v2/test/1802483?_locale=user | OPTIONS | Referrer: /wp/wp-admin/post.php?post=1802483&action=edit
    2824-87-16 88:52:56 - 88:52:56 | A 8.16 s | https://honedo.ddev.site/shprof/?run=669634e8884ad8source=ddev | URI: /wn-ispn/wn/v2/wn_pattern_category?context=view&per_page=1886 fields=id$2Caese=2Cdescription$2Cslup$ localeguser | RFT | Referrer: /wn/wn-admin/post_php?not=18924834ad8source=ddev | URI: /wn-ispn/wn/v2/wn_pattern_category?context=view&per_page=1896 fields=id$2Caese=2Cdescription$2Cslup$ localeguser | RFT | Referrer: /wn/wn-admin/post_php?not=18924834ad8source=ddev | URI: /wn-ispn/wn/v2/wn_pattern_category?context=view&per_page=1896 fields=id$2Caese=2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescription$2Cdescrip
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   [2824-87-16 88:52:56 - 88:52:56] A 8.15 s | https://bonedo.ddev.site/xhprof/?run=669634e8944ca&source=ddev | URI: /mp-json/?_fields=descriptionX2Cgmt_offsetX2ChomeX2CnameX2Csite_icon_urlX2Csite_logoX2Ctinezone_stringX2Curl&_locale=user | 6ET | Referrer: /mp/mp-admin/post.php?post=1882483&action=edit
   [2824-87-16 88:52:56 - 88:52:56] A 8.14 s | https://bonedo.ddev.site/xhprof/?run=669634e89d3da&source=ddev | URI: /wp-ison/wp/v2/users/66?context=view& fields=id%2Cname& locale=user | GET | Referrer: /wp/wp-admin/post.php?post=1882463&action=edit
CUODUNEUO-WED./LIMP/XIIPI'UT$ MON'E XIIPI'UT.LUY
```



Additional information with our toolset blocking sessions

```
[2824-87-16 18:55:40 - 18:55:56] $\Delta 0.22 \text{ s} \text{ https://bonedo.ddev.site/xhprof/?run=669651acac557&source=ddev | URI: /wp/wp-admin/admin-ajax.php?action=wp-compression-test&test=no&_ajax_nonce=81a87b878a&1721127344486 | GET | Referrer: /w [2824-87-16 18:55:56] $\Delta 15.98 \text{ s} \text{ https://bonedo.ddev.site/xhprof/?run=669651bcc19f5&source=ddev | URI: /wp-json/wp/v2/blocks?context=edit&per_page=180&_locale=user | GET | Referrer: /wp/wp-admin/post.php?post=615818&action=edit [2824-87-16 18:55:56] $\Delta 16.93 \text{ s} \text{ https://bonedo.ddev.site/xhprof/?run=669651bd6a87&source=ddev | URI: /wp-json/wp/v2/block-patterns/categories?_locale=user | GET | Referrer: /wp/wp-admin/post.php?post=615818&action=edit [2824-87-16 18:55:57] $\Delta 16.55:57] $\De
```

9		- 1					
Function Name	Calls	Calls%	Incl	Wall Time (microsec)	IWall%	Excl. Wall Time (microsec)	•
curl exec	154	0.0%		14,278,594	89.8%	14,270,510	I
mysqli query	285	0.0%		313,581	2.0%	313,581	ı
WP Hook::apply filters@2	22,531	1.0%		340,726	2.1%	65,066	1

Function Name	Calls	Calls%	Incl. Wall Time (microsec)	IWall%	Excl. Wall Time (microsec)
session start	1	0.0%	15,892,880	99.1%	15,892,880
preg match	1,488	0.5%	7,126	0.0%	7,126
WP Translation File MO::parse file	8	0.0%	8,281	0.1%	6,073
WP Hook::apply filters@2	3.392	1.0%	7,378	0.0%	3.844



db.log



Additional information with our toolset slow SQL queries

```
Cd@bonedo-web:/tmp/xnprof$ more xhprof.log
[2624-67-16 10:35:55 - 10:35:55 - 10:35:55 | \( \) 0.14 s | https://bonedo.ddev.site/xhprof/?run=66964ccfacbac&source=ddev | URI: /wp/wp-admin/admin-ajax.php | POST(6 vars, 22.2 kb) | Referrer: /wp/wp-admin/post.php?post=615818&action=edit
[2624-67-16 10:35:28 - 10:35:28 | \( \) 0.12 s | https://bonedo.ddev.site/xhprof/?run=66964cf836c58&source=ddev | URI: /wp/wp-admin/admin-ajax.php | POST(6 vars, 9.2 kb) | Referrer: /wp/wp-admin/post.php?post=615818&action=edit
[2624-67-16 10:35:28 - 10:37:12] \( \) \( \) 1.36.67 s | https://bonedo.ddev.site/xhprof/?run=66964d5867d62&source=ddev | URI: /wp/wp-admin/post.php?post=615818&action=edit
[2624-67-16 10:37:12 - 10:37:14] \( \) 2.01 s | https://bonedo.ddev.site/xhprof/?run=66964d587f44l&source=ddev | URI: /wp/wp-admin/post.php?post=615818&action=edit&meta-box-loader=1&meta-box-loader=nonce=dd55fdbd8&&_locale=user | POST(6 vars, 0.8)
[2624-67-16 10:37:14 - 10:37:16] \( \) 1.84 s | https://bonedo.ddev.site/xhprof/?run=66964d58C5abd&source=ddev | URI: /wp/wp-admin/post.php?post=615818&action=edit&meta-box-loader=1&meta-box-loader=1&meta-box-loader=nonce=dd55fdbd8&&_locale=user | POST(6 vars, 0.8)
[2624-67-16 10:37:28 - 10:37:28] \( \) 0.28 s | https://bonedo.ddev.site/xhprof/?run=66964d6849Sef&source=ddev | URI: /wp/wp-admin/post.php?post=615818&action=edit&message=4 | GET | Referrer: /wp/wp-admin/post.php?post=615818&action=edit&message=4 | GET |
```

Body: site=https%3A%2F%2Fbonedo.ddev.site%2Fwp&api kev=42&data%5Bpost id%5D=0&data%5Bmax results%5D=50

Body: site=https%3A%2F%2Fbonedo.ddev.site%2Fwp&api_kev=42&data%5Bpost_id%5D=0&data%5Bmax_results%5D=5000

[0.1166 s] POST 200 https://external.service/get/recommendations/summary/ (0.2 kb ↑, 0.1 kb ↓)

[0.1609 s] POST 200 https://external.service/get/recommendations/summary/ (0.2 kb ↑. 0.1 kb ↓)

Headers: none

Headers: none



http.log



Xhprof with our toolset



https://github.com/coding-pioneers/xhprof-toolset



7. Redis for PHP Sessions

- By default session_start() is blocking
 Multiple requests in short succession will slow each other down
- session_start() is used by Ninja Firewall
- Using Redis for sessions will prevent this



Some Numbers

	Before	After
Heartbeat	2.5 s	0.7 s
Saving a post	40+ s	9 s
Opening a post	8 s	2 s
Fully editable	15+ s	4 s





- Anthony Burill



